# Airlie Beach Whitsunday RSL Sub Branch



## PARADISE POST



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August 2017

Welcome to this months Paradise Post, we hope you enjoy it, if you have a story or something to contribute please email Sec- retary@rydav.com You can also receive Paradise Post via	<u>Support RSL</u> We are always seeking people who want to assist us in providing support to our current and former servicemen and women. There are many ways you can get involved:						
email. Just send me message to subscribe. What's on in August	<u>BUY A BADGE</u> Show your support to our veterans and those currently serving by buying a badge from an RSL representative and wearing it with pride on ANZAC or Remembrance Day.						
Next Members Meeting: Wednesday 2nd August @ 7pm. Reef Gateway Hotel. Cold drinks and Tucker	<u>DONATE TO AN APPEAL</u> Donations to our ANZAC and Poppy Appeals enable our Sub Branches to continue to provide welfare and wellbeing services in their local communities.						
Annual Dinner : 19th August :	BECOME A VOLUNTEER						
<u>Vietnam Veterans day</u> Friday 18th August at Cannonvale Cenotaph. Service 11:00am Muster 10:45am OC Reunion at Reef Gateway till 14:00 Cold Drinks and tucker. Bus will run Casual dress, gongs worn	RSL Sub Branches are involved in their local communities, visiting veterans, schools and community groups. Some ways you may be able to assist a Sub Branch include driving members for visits, providing administration or specialist support, or helping to sell merchandise to raise funds around ANZAC Day and Remembrance Day. Contact your local Sub Branch to find out how you can help.						
Airlie Beach Whitsunday	/ RSL Executive Committee 2017-2018						
President:Terry Brown0408763090 alibarber40@bigpond.comDeputy President:Chris Bull0429607849 Kaybull56@gmail.comVice PresidentBill Rose49464486Mob:0404416943Secretary:Rod Davies0499730316Secretary@rydav.comTreasurer:John Schweitzer0438264114Johnshweitzer.5@bigpond.com							
Management Committee for 2017-2018BadgesJoan Rose0404416943Home: 07 49464486General DutiesShane Matthews0427461849Jackomatho@live.comGeneral DutiesPeter Mckellin0448800091							
Honorary and responsible appointments for 2017-2018Welfare officer (local)Bill RoseWelfare officer (Mackay)Tracey Victor 31283275Mob:0448943604Asset TrusteeJohn SchweitzerState and District meetingsBill Rose, Chris BullAuditorsLeader GroupLegalWhitsunday LawPadreStewart GriceDohn O'Neil0418776606							
RGH	(07) 49462600						

## Life as Bill see's it.....

We had a smart mouthed young sailor in the last ship I was posted to. He was often in strife with the authorities, onboard and ashore.

Anyway he had to appear in court for an indiscretion, and as a Warrant Officer I had to go with him. My main advice to him was to be on good behaviour and don't answer back. But as things go, it went like this.

Judge: "Where do you work?" Lad " Here and there." Judge "What do you do for a living?" Lad " This and that." Judge "Take him away and lock him up." Lad: Hey, fair go, when will I get out?" Judge "sooner or later!" Needless to say I returned onboard without him.

Just a thought: Many times I wish I looked as good as I feel.

Mullumbimby Bob was having a yarn to me the other day and as things do the subject turned to the state of the world. As we yarned, Bob said to me "I may not be able to fix it, but I sure as hell know what's wrong!"

Just a thought.: If you've never failed at something, it means you never tried.

With all the hoo ha going on in the outfit regarding ones weight. Etc. I decided to do something about my body from the Gods. So I thought I would start by weighing myself. There I was standing naked on the bathroom scales, Joan sprung me and asked "What are you doing?" I explained my actions to her. She then said "Sucking your stomach in is not going to help" "Oh yes it does" I answered back. "Ha no way" She replied. "Sure it does" I said "It's the only way I can see the numbers to know where to start.

Have fun folks and see ya at the Dinner Bill.

Vietnam Vets Memorabilia	THE ODE					
Vietnam Vets Memorabilia will be on sale from the Whitsunday Shopping Centre from 8am-4pm						
Monday 7th August, until Thursday 17th August.	As we that are left grow old,					
A sales point will be set up at the Whitsunday Plaza (old Centro)	Age shall not weary them					
From 8am-4pm Monday 7th August, until Thursday 17th August	Or the years condemn					
	At the going down of the sun,					
Our sales teams are getting a bit thin on the ground if you can spare a bit of time and help	And in the morning					
the RSL out, please call Bill on 49464486 Many Thanks for your support.	WE WILL REMEMBER THEM.					

## <u>Army News</u>

The latest rotation of advisers in Kabul has hit the ground running at the start of a busy and varied deployment, Capt Megan McDermott writes.COMMANDER KA-BUL Garrison General Command Advisory Team 3 (KGGC AT-3) Col Mark Ascough said recent events in Kabul had "certainly made for an interesting start" to the team's deployment to Afghanistan. During the team's handover with AT -2 on June 6, KGGC coordinated one of the largest security operations in support of the Kabul Peace Process – a high pro-

#### New team in action



file international forum with representatives from 21 nations. Despite having little time to ease into its role, AT-3 was looking forward to working with KGGC in coordinating security in the strategically vital ground of Kabul, Col Ascough said. "The opportunity to work with and assist the only corps-level joint headquarters within Afghanistan is a professional experience that I have no doubt will challenge us but also provide a sense of pride for a long time to come," he said. AT-3's 11 Army officers are drawn from all over Australia, with representatives from five different corps and four Army reservists, including a former director of the Tasmanian State Emergency Service. The team members have more than 200 years of military experience, including 11 tours of Afghanistan, between them. "Thanks to the outstanding efforts of the two previous advisory teams, the conditions have been set for us to build on the strong relationships with our Afghan and coalition partners and continue their good work," Col Ascough said. KGGC AT-2 Commander Col Michael Murdoch said the new team was in for a challenging but enormously rewarding deployment. Looking back at his own team's deployment, he said the breadth of responsibility "has been extraordinary". "It is not unusual for the team to teach map-reading skills, plan corpslevel military operations, coordinate civil policing across the city or to assist in the provision of advice to the president on a broad range of issues," he said. He had no doubt the new team would continue the good work because, like AT-2, it had sound professional generalist skills.

New ways of shooting. ARMY'S new style of shooting was put to the test during 7 Bde's annual shooting competition on June 14-15, with 6RAR taking the overall unit trophy. Event organiser Capt Bryce Turner, of 6RAR, said the competition moved away from the traditional applied marksmanship practices and instead followed the new military shooting continuum being rolled out at training institutions. "Whereas the old style of shooting was more about the static application of fire from various positions, this new style of shooting, under the military shooting continuum, employs lots of shooting from cover, lots of shooting from different positions, as well as a number of individual and collective milestones we're trying to assess," he said. The 48-hour competition involved eight of each unit's best F88 shooters tackling multiple challenges, including LF6 by day and night, rifle standards testing, firing from 600m with a scope and spotter, as well as firing from various items of cover, such as vehicles and walls. "A lot of soldiers haven't been instructed correctly on how to actually engage targets from cover and from positions other than just the static prone unsupported position," Capt Turner said. "So it helps these guys get exposure to that and see that it's not a black art, it's very simple and it's how we should be doing our shootng." Participants also had to complete fatiguing challenges like forced marches, combat movement and agility stands. 6RAR won the competition, followed closely by 8/9RAR and 1 Regt RAA. Pte Lee Anderson, of D Coy, 6RAR, took individual honours after scoring 205/235 on LF6 by night without using optics. "A lot of people would struggle to hit 205 by day using actual optical sights, so 205 by night using just night vision goggles, which don't have any zoom or enhancement capability, is very impressive," Capt Turner said.

### FAST FACTS Did you know?

Members of Australia's defence forces wear personal identity tags when on military operations or on armed exercises. The two metal tags are connected to chains and worn around the service man or woman's neck. The tags record the individual's country, identification number, name, religion and blood group. This is an established international custom to help identification of military casualties: one tag stays with the body and one is collected for official records

The kit of Australian soldiers today still serves the same purpose as that of the first Anzacs. Lightweight, technologically advanced clothing, equipment and rations, however, allow them to



carry a greater range of items than ever before. And while combat troops still carry a kit weighing up to 58 kilograms, they have a more nutritious diet and a hi-tech backpack to assist them. It remains to be seen what an Australian soldier's kit will include in the future.

The clever design of this can opener made it a light and multifunctional part of the

kit provided to Australian soldiers in the Vietnam War. It could also be used as a spoon.

## **Drip rifle**

The drip rifle invented by Lance Corporal William Scurry was a delayed action device which was designed to fire after Anzac troops had evacuated the trenches at Gallipoli. Scurry used a system of weights where water dripped from one tin to another and then triggered the rifle to fire – up to 20 minutes after it was set.







## Navy News

THE United States landing helicopter dock Bonhomme Richard hosted the official opening of Australia's largest military exercise on June 29 off the NSW coast. Talisman Sabre is being conducted throughout July in the Shoalwater Bay training area, near Rockhampton, and the Mount Bundy training area, near Darwin. Minister for Urban Development Paul



Fletcher, representing the Minister for Defence, and the US Charge d'Affaires, James Carouso, were joined at the opening by the US Pacific Forces Commander ADML Harry Harris Jr and Officer Conducting the Exercise, Australia's CJOPS VADM David Johnston, along with other senior ADF leaders. VADM Johnston said the exercise highlighted the interoperability between the forces. "Talisman Sabre is the premier Australia-US bilateral exercise," VADM Johnston said.

"This year, we are pleased to see personnel from New Zealand, Japan and Canada embedded within Australian and US units." More than 33,000 military personnel are participating.

"The exercise provides invaluable experience to improve combat training, readiness and interoperability, exposing participants to a wide spectrum of military capabilities and training experiences," VADM Johnston said. Focused on mid-intensity, high-end warfighting, Talisman Sabre incorporates force preparation activities, special forces activities, amphibious landings, parachuting, land force manoeuvres, urban operations, air operations, maritime operations and a number of live fire components. "Regular training and exercising between our military forces serves to enhance our combat readiness and interoperability," VADM Johnston said. "This enables our military forces to be prepared and capable of meeting future security challenges in our region and globally."



Crew members wearing protective clothing on board HMAS *Arunta* dispose of 260kg of illegal narcotics seized on June 8 while on patrol in the Middle East region.

#### Investment in protective gear

NEW equipment worth up to \$300m will provide ADF members with cutting-edge protection against chemical, biological, radiological and nuclear (CBRN) threats. The project will deliver individual and collective protection from CBRN hazards including detectors, suits, masks, protection tents, decontamination systems, contaminated equipment containers, warning and reporting software and simulation systems. Defence Minister Marise Payne said the investment, announced on July 3, would ensure ADF personnel were better protected against exposure to toxic industrial chemicals and weaponised CBRN agents. "The new equipment enhances the ADF's ability to detect, iden-

Photo: ABIS Steven Thomson new equipment enhances the ADF's ability to detect, indetect, indetec

personnel from exposure and decontaminate affected personnel and equipment safely," she aid. Defence Industry Minister Christopher Pyne said the investment in equipment, facilities and training would enhance protection against current and emerging CBRN threats for Navy, Army and Air Force personnel. "Land 2110 Phase 1B will deliver cutting-edge technology to protect ADF personnel on the battlefield as they encounter new and evolving threats," Mr Pyne said.

## air forge

#### Big storm in the kitchen

13SQN cook LACW Sonia Gomez Lopez (right) hands a United States Marine his lunch during Exercise Diamond Storm. Photo: CPL Colin Dadd.

AS THE kitchen is the heart and soul of every airbase, RAAF and Marine Rotational Force Darwin (MRF-D) cooks worked hard to present outstanding food during Exercise Diamond Storm. Throughout June, 10 additional RAAF Combat Support Group and eight MRF-D cooks joined the catering team to feed 1000 hungry members. The catering



team served about 2500 meals each day, including takeaway in-flight meals. All catering staff work 10 hour shifts, six days a week. CPL Shaun McGowan complimented the MRF-D cooks and their hard work during Diamond Storm. "They were a great asset to the team. Many hands make light work and they all had a variety of skills to offer, as well as great morale," CPL McGowan said. Only three weeks into his posting to Australia, LCPL Diego Ramirez from MRF-D, compared working with the RAAF to working in the United States. "Back home we have to follow a recipe and under no circumstances can we change the ingredients or experiment, while here you can," LCPL Ramirez said. "I'm enjoying Australia a lot. Working with cooks in the RAAF has been so different but in a really positive way - they're a great bunch of people and great to be around in the workplace," he said. After 27 years in the RAAF, CPL McGowan was proud to be working in the kitchen during Diamond Storm. "Every day is different and we have the freedom to work together and display our personalities and artistic flare in the food we make," he said. At the conclusion of Diamond Storm, 15 cooks were scheduled to go to Williamson Airfield at the Shoalwater Bay Training Area in support of Talisman Saber 2017. As part of Combat Support Group, RAAF cooks are responsible for providing catering services including food ordering, storage of perishable and non-perishable foodstuffs, preparation and cooking and serving of meals.



FLTLT Elise Carey at the Ironman Asia-Pacific Championship. A TEAM of 28 members from the Australian Defence Force Triathlon Club(ADFTC) competed in the Ironman Asia-Pacific Championship in Cairns on June 11. More than 3000 athletes competed in the prestigious event, which has built up the reputation as the Ironman in Paradise. Five Air Force members competed in the 70.3 event which comprised a 1.9km swim, a 90.1km ride and a 21.1km run. FLTLT Kendall Dransfield was the first Air Force and ADFTC member home; he finished in 4hrs 54min and 24 sec. For FLTLT Elise Carey this was her second triathlon, although this was the first over this distance. "I completed my first triathlon in March, and then the race in Cairns," FLTLT Carey said. "Training was a bit all over the place as I was injured and wasn't able to run all through April." FLTLT Carey said she was happy with her overall achievement. "I'm really happy with my swim and my ride, and happy to be able to get to the finish in the run after being injured," she said. Her completion time was 6hrs 26min. She is now concentrating on competing at the Western Sydney 70.3 event in November. Other Air Force members to compete were: SQNLDR Luke

Petrini, FLGOFF Madelaine Wood and FLGOFF Alexander Kalfas. Unfortunately, QNLDR Petrini inadvertently missed a penalty stop at the end of the bike leg and was subsequently disqualified from the event. However, he was allowed to continue the race where he recorded a time of 4hrs 45min for the distance.

## Defence News.

## Allied Forces Defeat Adversary In Major United Stated-Australia Exercises.

## Talisam Saber 2017

The United States (US) and Australian Defence Forces have proven their interoperability in a major land warfare scenario in the Shoalwater Bay Training Area last night with an intense final assault on the 'enemy'.More than 33,000 soldiers, sailors, airmen and marines from Australia, the US, New Zealand, Japan and Canada have spent the past three weeks involved in the realistic, scenario-based military exercise



TALISMAN SABER 2017 (TS17). The exercise took place in Central Queensland, with elements also supporting the mission in Brisbane, Townsville and Hawaii.

Following several weeks of lead in training TS17 ramped up last week when a 33-strong fleet of multi-national warships and submarines, including HMAS *Canberra*—an expeditionary strike group led by the USS *Bonhomme Richard,* and a carrier strike group led by the USS *Ronald Reagan*, moved into position off the coast of Rockhampton.

The Australian Defence Force's Deputy Chief of Joint Operations, Major General Greg Bilton, said the participating nations demonstrated the ability to expertly land thousands of troops ashore by sea and air to support a complex ground warfare mission."For Australia, this was a unique opportunity to lead an amphibious ready group in landing a significant number of troops from the 2nd Battalion, the Royal Australian Regiment ashore to advance on the enemy

The Australian Defence Force and its international partners are grateful to the people of Rockhampton and Shoalwater Bay for their understanding and continued support of Exercise Talisman Saber 2017.



The Annual Airlie Beach/Whitsunday RSL Dinner will be held at the Reef Gateway Hotel in the Reef Room on the 19th of August from 18:30-23:59 Muster 18:30 for 19:00 start. Corsage for ladies upon arrival. Music will be provided by the Cadillacs. Dress is ladies after 6. blokes mess dress, dinner suit black tie. Cost is \$25.00 per head. The bus will be running for pick up and drop offs. The menu is

## <u>Entree</u> Avacado prawns vinegarette

Or cream chicken bouches

## Mains

Beef Wellington with champignon sauce Or baked barramundie with parsley lemon cream. Vegetables

Roast new potatoes, minted peas, herbed tomatoes, roast pumpkin and sweet potato cubes.

> <u>Sweets</u> Fruit salad pavlova Or

Vanilla slice, both with Chantilly cream, strawberries and mint leaves.

We hope to see you there for a great night out.



Annual

Airlie Beach / Whitsunday RSL Dinner Dance

## **SATURDAY AUGUST 19**

Time: 18.30 for 19.00 Till Midnight Dress: Ladies after 6 & blokes mess dress (dinner suit black tie).

Corsage for ladies on arrival.

Music: Provided by "The Cadillacs" for your dancing pleasure

Cost: \$25 per head Includes 3 course dinner, pre-dinner drinks, table wine, bands and dancing Transport: RSL bus available for pick ups and drop off

> **Ticket Sales and Enquiries:** Terry Brown - 0408 763090 Bill Rose - 0404 416943 Rod Davies - 0499 730316 John Schweitzer - 0438 264114



CANNONVALE ~ AIRLIE BEACH



p: (07) 4948 7000 f: (07) 4946 6810

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WELFARE Our area	Useful web Links.						
By state	Veteran Affairs						
are,	www.dva.Gov.au Household Assistance						
Tracy Victor (Mackay) 3128	http://www.dva.gov.au/health-and-						
Frank Radford (Townsville)	wellbeing/home-and-care/household-						
Don't let a problem get you	assistance						
	<u>Government Portal</u>						
PTSD Group Programs	www.my.gov.au						
DVA provides group treatr	<u>Vietnam Veterans</u>						
hospitals across Australia.	www.vvaa.org.au Defence Force						
rent as well as former serv	www.defence.gov.au						
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can contact the hospitals		https://csc.gov.au/					
PTSD program coordinate	ors. A list of the programs and	Email:members@dfrdb.gov.au					
relevant contact details ar	e available at:	Email: pensions@dfrdb.gov.au					
	professionals/files/2016/02/	Brovery Truct					
Trauma-Recovery-Program	ms-Feb-2016.pdf <b>.</b>	<u>Bravery Trust</u> https://braverytrust.org.au					
LICEELII NILIMDEDO	Defence Care						
USEFUL NUMBERS	http://www.defencecare.org.au						
Emergency Relies Whiteundove	000	RSL					
Police Whitsundays	49488888	https://www.rslqld.org/					
	133 254						
country areas (Freecall)	1800 555 254	https://www.rslqld.org/Help-us-Help- Them/Services-Overview					
VVCS	1800 011 046.	Them/Services-Overview					
Beyond blue	1300 22 4636	https://www.rslqld.org/ADF-					
COMSUPER/DFRDB		Community/ADF-Community					
MEMBERS		Mental health support					
Phone	1300 001 677 (02) 6272 9616	https://www.rslqld.org/ADF-					
Fax	Community/Mental-Health-Support						
Post: DFRDB, GPO Box 2	Emergency financial assistance https://www.rslqld.org/ADF-						
Canberra ACT 2601		Community/Mental-Health-Support					
Overseas callers	+61 2 6272 9624	Bereavement assistance for Defence					
Operating hours: 9am to 9		families who have lost loved ones					
Monday to Friday (except	for <u>AC1 public holidays</u> )	https://www.rslqld.org/ADF-					
PENSIONERS		Community/Mental-Health-Support					
Phone:	1300 001 877	Help with compensation claims through the Department of Veterans' Affairs					
FAX:	(02) 6272 9616	https://www.rslqld.org/ADF-					
Post: DFRDB, GPO Box 2	2252	Community/Mental-Health-Support					
Canberra ACT 2601	Referrals to peer support groups and						
Overseas callers:	+61 2 6272 9626.	other specialist services					
If you desire to change	As we age, we find we	Visiting the sick injured and length in					
your house, contents,	would like a bit of assis-	Visiting the sick, injured and lonely in hospital and/or at their homes					
car, etc insurance. tance with battery replace-		https://www.rslqld.org/ADF-					
Defence services home ment or check out smoke		Community/Mental-Health-Support					
insurance is alarms, electrical safety,							
First Aid or home help, in-		Short term crisis accommoda-					
GPO Box498	tion <u>https://www.rslqld.org/ADF-</u>						
Brisbane, 4001	Community/Mental-Health-Support						
Or Phone 1300 552 662	list, Ring "Safe Home" on 1300 369 003	Subsidised longer term housing solu-					
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63					64						65			

#### Across

1- Weaponry; 5- Alabama city; 10- Turner of "Peyton Place"; 14- Marine mammal, secure something; 15- Experiment; 16-Very much; 17- Longfellow's bell town; 18- Cheri of "Saturday Night Live"; 19- Roman censor; 20- Raising of a number to a power; 23- Squeeze; 24- Heavy metric weight; 25- Consented; 28- Epic poetry; 30- Mutual fund fee; 31- Brief novel; 36- Offroad wheels, for short; 37- Milky; 39- Norma \_\_\_\_; 40- Eddy; 42- Helsinki resident; 43- Breaks bread; 44- Resembling twigs; 46- Pertaining to bees; 49- Connection; 51- Rebellion; 56- Nonsense; 57- Spoils, with "on"; 58- Algonquian language; 60-Waiting for the Robert \_\_\_\_; 61- Combined; 62- Sack starter; 63- Fast jets, for short; 64- Hawaiian state birds; 65-Abominable Snowman;

#### Down

1- Cool \_\_\_\_ cucumber; 2- Nerve network; 3- German economist and socialist; 4- Slid; 5- High; 6- Some Art Deco works; 7-Property claims; 8- Trading center; 9- Et \_\_\_\_\_ (and other men); 10- Milk sugar; 11- Actor Delon; 12- \_\_\_\_ your life!; 13- Make up; 21- Prospector's find; 22- Ring-shaped island; 25- There oughta be \_\_\_\_!; 26- Roman Empire invader; 27- Sitarist Shankar; 28- First name in stunts; 29- Shade of green; 31- Sgts., e.g.; 32- Siouan speaker; 33- Math course; 34- Strong taste; 35- Start of a counting rhyme; 37- Grassy plain; 38- Fitting; 41- Attains; 42- Hard to please; 44- Tantalizes; 45-Intelligence; 46- Pays to play; 47- Swimming holes; 48- Map feature; 49- Grand \_\_\_\_ National Park; 50- "Goodnight" girl; 52-Sleipnir's rider; 53- Corn bread; 54- Writer Sarah \_\_\_\_ Jewett; 55- Tidy, without fault; 59- Prefix with center;





Why they don't allow fraternization.