

Airlie Beach Whitsunday RSL Sub Branch



PARADISE POST



JULY 2018

What's on

Next Members Meeting:

Wed 1st August :@ 7pm. Reef Gateway Hotel. Cold drinks and tucker

18th August Vietnam Veterans day

03 August: Meat tray raffles

06 August: Commence badge sales

31st August: Meat tray raffles

1st Sept: Annual dinner @ RGH from 6:30pm

Badge sales

We urgently need members to assist with the badge and raffle sales. Please contact Bill on 49464486

Your Sub Branch needs

YOUR HELP

Support RSL

We are always seeking people who want to assist us in providing support to our current and former servicemen and women. There are many ways you can get involved:

BUY A BADGE

Show your support to our veterans and those currently serving by buying a badge from an RSL representative and wearing it with pride on ANZAC or Remembrance Day.

DONATE TO AN APPEAL

Donations to our ANZAC and Poppy Appeals enable our Sub Branches to continue to provide welfare and wellbeing services in their local communities.

BECOME A VOLUNTEER

RSL Sub Branches are involved in their local communities, visiting veterans, schools and community groups. Some ways you may be able to assist a Sub Branch include driving members for visits, providing administration or specialist support, or helping to sell merchandise to raise funds around ANZAC Day and Remembrance Day. Contact your local Sub Branch to find out how you can help.

Airlie Beach Whitsunday RSL Executive Committee for 2018 -2019

President & Post editor	Rod Davies	0499730316	president@airlibeach.rslqld.net.au
Vice President	Terry Brown	0408763090	alibarber40@bigpond.com
Deputy President	Billy Rose	49464486	
Secretary	Diane Trueman		ditrueman2011@gmail.com
Treasurer	John Schweitzer	0438264114	treasurer@airliebeach.rslqld.net.au

Management Committee for 2018 - 2019

Joan Rose	49464486	0404416943	Badges
Robert Voigt	0448848490	rpvoigt@gmail.com	
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Shane Mathews	0427461849	jackomatho@live.com	
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Peter McKellin	0448800091		

Honorary and responsible appointments for 2018 - 2019

Welfare Officer: Tracey Victor 31283275 0448943604

Asset Trustee : John Schweitzer

State and District Meetings: Billy Rose. Joan Rose.

Auditors; Leader Group

Legal; Whitsunday Law.

Padre; Stewart Grice

Patrons for 2018 - 2019

John Oneill 0418776606

RGH 49462600

LIFE, AS BILL SEES IT!

MY OLD MATE RON WAS A PRETTY SHAPPY DRESSER IN HIS YOUNGER SINGLE DAYS. HE USED TO BUY "HAUTE COUTURE" CLOBBER AND DRESS LIKE AN ADMIRAL, WHEN ASHORE ON LEAVE. AFTER HIS FIRST COUPLE OF MARRAGES BROKE DOWN, AND A COUPLE OF PAYOUTS TO THE EX'S I MET HIM IN A PUB AND HE WAS VERY "DRESSED DOWN." I ASKED HIM ABOUT HIS "CHANGE OF WARDROBE. HE TOLD ME, "I WAS GETTING MY CLOTHS 'OFF THE PEG', AT LEAST I DID, UNTIL THE NEIGHBOURS STARTED TAKING IN THEIR WASHING AT NIGHT!"

JUST A THOUGHT: I HEARD FROM THE MULLUMBIMBY MADMAN THAT TWO WHITE ANTS WALKED INTO A PUB AND ASKED "WHERE'S THE BAR TENDER?"

MY OLD MAN WAS A FARMER, AND ONE DAY A PLAIN CLOTHES COP DROVE UP TO THE WORK BARN AND TOLD DAD "I NEED TO INSPECT YOUR PROPERTY FOR CULTIVATION OF ILLEGAL DRUGS" DAD SAID, "OK, BUT DONT GO IN THAT FIELD OVER THERE." THE COP SNEERED "I THINK YOU'LL FIND, SIR, THAT I HAVE THE AUTHORITY OF THE POLICE FORCE BEHIND ME." HE PULLED OUT HIS BADGE "SEE THIS? IT MEANS I'M ALLOWED TO GO ANYWHERE I WANT. NO QUESTIONS ASKED, NO ANSWERS GIVEN, I'M IN CHARGE. UNDERSTAND?" DAD NODDED POLITELY AND WENT BACK TO HIS WORK. A SHORT TIME LATER, HE HEARD LOUD SCREAMS. HE LOOKED UP TO SEE THE COP RUNNING FOR HIS LIFE, PERSUED BY A MASSIVE HERIFORD BULL; WITH EVERY STEP THE BEAST WAS GAINING GROUND. DAD THREW DOWN HIS TOOLS, RAN TO THE FENCE AND SHOUTED AT THE TOP OF HIS LUNGS, "YOUR BADGE - SHOW HIM YOUR BADGE!"

JUST A THOUGHT: I'VE HEARD THEY ARE PHASING OUT ROMAN NUMBERS. WELL, NOT ON MY WATCH, THEY WON'T.

I WENT ON HOLIDAYS MANY YEARS BACK. I WAS TOLD THAT THE PEOPLE LIVING THERE WERE A BIT "SLOW" I RECKONED IT WOULDN'T WORRY ME. HOWEVER I GOT LOST AND WALKED INTO A PUB TO ASK FOR THE QUICKEST WAY BACK TO MY MOTEL. "ARE YOU WALKING OR DRIVING?" ASKS THE BARMAN. "DRIVING" I SAID. "GOOD," SAID THE BARMAN "THAT'S THE QUICKEST WAY." OH WELL, KEEP SMILING. YOURS AYE Bill

Our articles are sourced from the following sites. For more information on our stories and much more please visit

<https://www.rslqld.org/RSL-Members/RSL-News>

<http://www.defence.gov.au/publications/newspapers/>

<http://www.contactairlandandsea.com/>

<http://www.defence.gov.au/publications/newspapers/>

We would also like to thank our advertisers who without them this publication would not be possible in this format.

We hope that you think of using our advertisers next time you need one of their services. Thank you.

THE ODE

They shall grow not old,
As we that are left grow
old,

Age shall not weary them

Or the years condemn

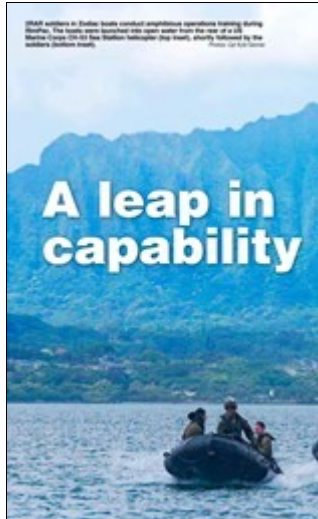
At the going down of the sun,

And in the morning

WE WILL REMEMBER THEM.



Army News



A USTRALIA took a leap forward in amphibious capability as 2RAR soldiers released small boats into the ocean from a moving US Marines CH-53 helicopter on Exercise Rim of the Pacific (RimPac). Soldiers proved themselves capable of helocasting, a water insertion method for reconnaissance and surveillance missions.

CO 2RAR (Amphib) Lt-Col Doug Pashley said that in the Australian Army, helocasting is only employed by Special Operations units - at least that was the case up until now.

“We have been on the journey of delivering a world-class prelanding force since the start of the year and in just six months we have come a long way,” Lt-Col Pashley said.

“On this exercise we have demonstrated an amphibious capability that did not exist in the conventional army until today - it would not have been possible without the tremendous support from our US counterparts.” As part of force integration training, the soldiers spent two days honing their skills alongside US marines from the 3rd Marine Expeditionary Force (3 MEF).

Training involved loading fully inflated Zodiacs into the heavy-lift helicopter, deploying the boats and leaping into the water from a height of 5-10 feet at 8-10 knots.

Earlier this year and with the assistance of both Special Operations Command and 5 Avn Regt, 2RAR developed the helocast capability.

This further progressed during Exercise Sea Series and now on RimPac – the amphibious specialists incorporated combat equipment and small boats for the first time.

After a number of successful helocasts into the protected Kaneohe Bay, Lt-Col Pashley said that 2RAR, US and Japanese soldiers validated their skills in the Pacific Ocean as part of a full mission profile.

“Rough waters proved challenging as soldiers contended with ocean swells of up to six feet, swam to their boats and manoeuvred ashore for a reconnaissance mission,” he said.

Drop Zone Master, 3 MEF Gunnery Sergeant Dante Collins was impressed by 2RAR’s effort.

“Out of 6 runs, every single one of them has been getting progressively better - they’ve been knocking it out of the park,” Gunnery Sergeant Collins said.

While 2RAR took every opportunity to learn from the experienced marines, Gunnery Sergeant Collins said that the learning experience was two-way.

“In the week that I’ve been training with 2RAR, I’ve pulled a lot of techniques from the Aussies and they’ve drawn a lot of techniques from us,” he said.

“Moving into the next phase, we are going to be successful because of the techniques we have shared during this training.” On the completion of RimPac, Australia’s Amphibious Force will look to introduce the capability back home, according to Lt-Col Pashley.

“We now have the training package, the standard operating procedures and experience to bring this back and incorporate it into the Australian Army,” he said.

“I am confident that in the second half of this year we will be able to replicate the success we have had here on RimPac.”

AT BLAMEY Square in Canberra, Lt-Gen Rick Burr accepted his appointment as CA from his predecessor, Gen Angus Campbell, now CDF, on July 2. In his speech, Gen Campbell reflected on the soldiers he met during his time as CA. “When we visit our troops on operations and when we see major exercise activities such as Exercise Hamel, we see an extraordinary institution and an extraordinary capability,” Gen Campbell said.

“But what we mostly see, every day, are extraordinary people; people who have taken the most significant step you can take in the service of this nation.” Lt-Gen Burr said he was proud to serve as CA, and acknowledged Gen Campbell’s leadership.

“I commit to building on this work and Army should expect continuity and momentum from me with respect to my predecessor’s policies and direction,” Lt-Gen Burr said.

“Taking command of the Australian Army today is an incredible honour.

“I commit to serving with you, and for all of you.”

Army News



Maj Ziraiman, of the Malaysian Army, and Maj Will Viggers, of the Army School of Logistic Operations, examine the headstone of a Malaya Volunteer Force soldier during a visit to Taiping War Cemetery. HAVING piloted its program by examining the French defeat by Vietnamese forces at Dien Bien Phu, the Australian Army Research Centre, of AHQ's Future Land Warfare Branch, recently concluded a staff ride of the 1941-42 Malaya and Singapore campaign. The term "staff ride" comes from the practice of Prussian Army staff officers examining the ground of likely future battlegrounds on horseback. The initial purpose was to appreciate the operational and strategic significance of particular pieces of terrain to inform contingency planning.

Since that time, armies have used staff rides to enhance professional military education and training. Participants on this activity were predominantly O3 level instructors from Army's training establishments.

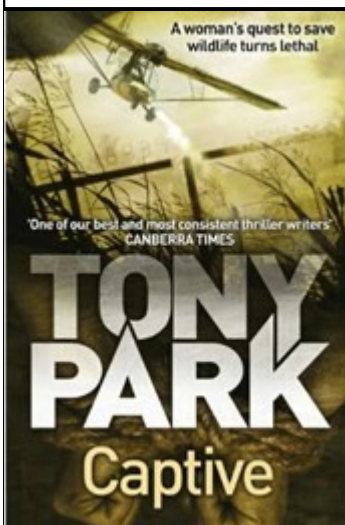
Over eight days, the staff ride followed the path of the Imperial Japanese 25th Army down the Malayan Peninsula and studied its high tempo, manoeuvre warfare style campaign.

This was a campaign that, with only a few exceptions, such as the successful ambushes at Gemenchah and Bakri by elements of the 8th Australian Division, completely dislocated the Allied forces.

Participants gained unique insights into decisive battles of the campaign by walking ground that, in many cases, remains mostly unchanged.

Examples included the use of the dominating high ground by the British at the battle of Kampar, the effective use of a reverse slope defence by the Australian 2/30 Bn at the Battle of Gemas, and the frequent use of Japanese amphibious lodgments to outflank the allies such as at the battle of Maur River. Participants viewed many of the actions studied as highly relevant to their current instructional roles. The staff ride received support from 2/30 Trg Gp based at the Royal Malaysian Air Force base at Butterworth and from 1 Int Bn, which blended historical data with modern satellite photography to produce excellent maps of force dispositions with tactical graphics.

Invitations for future AARC staff rides will be issued via the chain of command once activities are confirmed. The AARC POC for staff ride activities is the SO2 Staff Rides, Maj Lindsay Adams at lindsay.adams@defence.gov.au



Captive Author: Tony Park Reviewer: Sgt Dave Morley RRP: \$30 Pages: 338pp WHEN I first reviewed one of Tony Park's books in 2008, I said Wilbur Smith and Gerald Seymour had better watch out, because Tony was catching up fast.

Well, he's left them for dead with his latest effort.

Captive, his 15th novel, is 338 pages of hardcore action, with each chapter more gripping than the last. The book is a top yarn about good versus evil and is set in modern-day Mozambique and South Africa, both riddled with wildlife poaching and high-level corruption.

The story centres on a naïve and idealistic Sydney lawyer, Kerry Maxwell, who lands in South Africa to change the world by volunteering at a wildlife orphanage – we all know the type.

The wildlife orphanage is run by a jaded and drunken vet, Graham Baird, who when Kerry arrives, is in gaol in Mozambique for killing the elephant poachers who shot down his helicopter.

Her simplistic idea of justice sees her go to his aid in Mozambique, only to be kidnapped by a shonky politician and poaching kingpin, Fidel Costa, whose brother was one of the poachers killed by Baird. Park's customary fine balance between sex, violence, and Land Rovers is steadfastly maintained in Captive, in fact the UK and US editions have a Landy on the cover.

Tony Park, in his usual boots-on-the-ground way, has again done his homework.

This is one of those books that once you start it, you'll find it hard to put down.



CM Mark Binskin congratulates incoming CDF GEN Angus Campbell at the official handover in Canberra. Photo: Lauren Larking

FAREWELLED by a fly-past of four F/A-18A/B Classic Hornets from No. 77 Squadron, and a 17-gun salute, ACM Mark Binskin handed over as CDF to former CA, GEN Angus Campbell, in a ceremony in Canberra on July 6. In his address, ACM Binskin said serving as CDF was the pinnacle of his proud military career.

“It’s been a great ride, and it has been a privilege,” ACM Binskin said. “Not one day has gone by without a new challenge, but more importantly, not one day has gone by when the ADF has not made a new achievement.” ACM Binskin said he had confidence in GEN Campbell’s leadership. “We are in a time of significant change and significant challenge and I know you are very well-placed to be able to lead the ADF over the coming years,” ACM Binskin said. GEN Campbell said ACM Binskin’s service as CDF was distinguished. “We owe him a great debt of gratitude and I’m deeply appreciative that the handing over of command responsibility is handing over an ADF in extraordinarily good shape,” GEN Campbell said. “The chief of a defence force may be one among the ADF, but it is a team. It is as a leader, seeking to build and lead teams, that I wish to go forward in my role.”



Chaplain FLTLT Stuart Asquith, left, talks with Aeronautical Life Support Fitters, SAs Ryan Clark and SAs Eddie Townsend, of 2OCU, during Exercise High Sierra.

AN Air Force Chaplain attended Exercise High Sierra as part of a new trial to deploy chaplains on domestic exercises providing additional support for members. Chaplain Stuart Asquith, who is newly appointed FLTLT from No. 26 Squadron, participated in High Sierra held at RAAF Base Townsville. Chaplain Asquith said he was thankful for the experience as he was able to build stronger relationships with the members of No. 2 Operational Conversion Unit. “I was in Townsville to ensure the morale and welfare of individuals, as well as care for the overall team,” he said. “The graduating pilots are now on the front line and it’s a huge transition with a range of emotions involved.” During his time in Townsville, Chaplain Asquith visited the weapons range, spent his days working from a bunker and travelled between ordnance loading areas. “This exercise has been a rewarding experience and I am grateful for the trust the CO of 2OCU has in me,” he said. “It all about having a good rapport, gaining trust and learning first-hand what others go through on exercise. “It is invaluable for all Air Force members in my remit to know who I am, and that I get it.” To compliment his work Chaplain Asquith is also about to study to be a yoga instructor and once he receives his qualifications, will use this training at RAAF Base Williamtown from early 2019 to enhance capability and assist members in building resilience and to de-stress. “My approach to chaplaincy has always been about spirituality, mindfulness and wellness,” said FLTLT Asquith.

GUARANTEED
TRADING HOURS

**THURSDAY
FRIDAY &
SATURDAY**

Now

4am



Head Aerospace Systems Division, AVM Catherine Roberts, signs a memorandum of understanding for the MQ-4C Triton capability with US Navy CAPT Tony Defrias (US Naval Attache) at Brindabella Park, Canberra. Photo: Lauren Larking

WE are about to enter a new world of maritime surveillance with the impending acquisition of six MQ-4C Triton Remotely Piloted Aircraft Systems and their accompanying support systems. No. 92 Wing will take on the new capability from RAAF Base Edinburgh with a Forward Operating Base to be set up at RAAF Base Tindal.

It will be the largest Remotely Piloted Aircraft System to be operated by the ADF, significantly exceeding the size of the recently retired Heron aircraft. As part of the initial \$1.4 billion investment in the Triton system, the Government will invest \$364 million on new facilities at RAAF Base Edinburgh and RAAF Base Tindal, providing opportunities to local industry in both South Australia and the Northern Territory. Australia will also enter a \$200 million co-operative program with the United States Navy for the development, production and sustainment of the Triton. In a joint statement, Prime Minister Malcolm Turnbull, Defence Minister Marise Payne and Defence Industry Minister Christopher Pyne said the Triton would complement the surveillance role of the P-8A Poseidon aircraft through sustained operations at long ranges as well as being able to undertake a range of intelligence, surveillance and reconnaissance tasks. Acting OC 92WG WGCdr Brett Williams said the combined effect of both the MQ-4C Triton and the P-8A Poseidon would provide Australia with one of the most advanced maritime patrol and surveillance capabilities in the world. Acting CDR Surveillance and Response Group GPCAPT Nathan Christie said: "When it comes to persistent, maritime surveillance from the air, the acquisition of Triton is a quantum leap in capability for the RAAF and wider ADF. "Members of 92 Wing, will be required to work with other capabilities such as the P-8A Poseidon, E7-A Wedgetail, the F-35A Joint Strike Fighter, the new Navy Air Warfare Destroyer, Amphibious Task Groups, Over-The-Horizon Radar, regional allies and even government and non-government agencies tasked with coordinating natural disaster relief in our region." Australia's maritime area covers about 10 per cent of the Earth's surface. The Triton's endurance means it will be able to efficiently search across the Indian, Pacific and Southern oceans. The aircraft has an effective operating radius of up to 2,500 nautical miles (4,600 kilometres) and a maximum endurance of more than 24 hours. "The Triton will be able to operate at great distances from its operating base for extended periods of time," GPCAPT Christie said. Triton 'sees' will be available to the RAAF, "The surveillance picture that in real time, so that commanders can make decisions with the most up-to-date and accurate data. "This is particularly important in our support to natural disasters both at home and in our region."

PERSONNEL Capability Specialist CPL Elizabeth Mills, pictured left, has always wanted to post to RMAF Butterworth. CPL Mills said in just a few months she has had an "experience of a lifetime" at Butterworth.

CPL Mills first came to RMAF Butterworth on an augmentation detachment for Exercise Bersama Shield and was fortunate enough to have stayed in support of Operation Gateway. Previously, she was with No. 24 Squadron at RAAF Base Edinburgh. "I wanted to come over to RMAF Butterworth to experience a new culture and learn more about what the Air Force is doing in this region," CPL Mills said.

A unique part of working at RMAF Butterworth is the level of interaction and integration with the locally employed civilians. "Working here has given me the opportunity to integrate with the local civilians and get a better understanding of their culture and religious beliefs," she said. "I was lucky enough to be here for Ramadan and was able to ask the local women questions about their fasting and what it means to them – I've been able to learn so much from them." In addition to augmentation postings, there are also opportunities to be posted to RMAF Butterworth for up to three years.

"The initial expressions of interest are sent out by the career managers and I would encourage members wanting to post here to put one through," she said.

"I highly recommend members to put up their hand for a posting here – it's a once in a lifetime opportunity and an amazing experience." CPL Mills said it was an honour to be part of the 60th anniversary parade.

Navy News



Prime Minister Malcolm Turnbull, Defence Minister Marise Payne and CN VADM Tim Barrett look at a model of the new frigate at the announcement in Adelaide. Photo: ABIS James McDougall

THE government will deliver one of the world's most advanced antisubmarine warfare frigates, create more than 4000 Australian jobs and secure a local naval shipbuilding industry for decades to come.

Defence Minister Marise Payne said the future Frigates, to be designed by BAE Systems and built by ASC Shipbuilding, were central to secure our nation, our naval shipbuilding sovereignty and create Australian jobs.

Speaking at the announcement on June 29,

Senator Payne said the government was committed to giving our military the potent naval capability it required. "The Future Frigates will give the Royal Australian Navy the highest levels of lethality and deterrence to hunt and kill submarines, to protect our fleet and to protect Australia and our interests," Senator Payne said. "This is a decision entirely based on capability, the best capability to equip the Navy in anti-submarine warfare, with range and endurance, able to operate independently or as part of a task group, and to contribute as well in humanitarian assistance and disaster relief and other To be built in Australia, by Australians, using Australian steel, the Hunter-class will begin entering service in the late 2020s replacing the eight Anzac-class frigates, which have been in service since 1996. Senator Payne said the Future Frigate program was one of Australia's most significant investments in military capability. She said it provided a unique opportunity to not just strengthen, but guarantee Australia's naval shipbuilding sovereignty. Incorporating the leading edge Australian-developed CEA Phased-Array Radar and the US Navy's Aegis combat management system, with an Australian interface developed by Saab Australia, the Hunter-class will be one of the most capable warships in the world.

IN a signal to all personnel, CN VADM Tim Barrett said the name Hunter-class was chosen for the Future Frigates to reflect the tradition of naming RAN ships that promote Navy's bond with the nation. The first three ships of the Hunter-class will proudly carry the names of three major Australian regions, all with strong historical maritime and naval ties. Associated with the South Australian region, HMAS Flinders II is named for explorer Captain Matthew Flinders, who is credited with the first circumnavigation of Australia and identifying it as a continent. HMAS Hunter – the NSW region – is named for Vice-Admiral John Hunter, the First Fleet Captain and second Governor of NSW.

HMAS Tasman is named for explorer Abel Tasman, the first known European explorer to reach Tasmania, New Zealand and Fiji.

The class name was specifically chosen because the term 'hunter' represents the role of the frigates as a submarine hunter, with the term embodying the pursuit of prey. "The replacement of our eight Anzacclass frigates with nine frigates optimised for anti-submarine warfare will significantly enhance the lethality of our surface combatant capabilities," VADM Barrett said. "These ships will incorporate world-class design factors and integrated systems that will change the way we conduct anti-submarine warfare operations. Our interoperability as a joint force and with our allies will improve." The Anzac-class frigates are expected to be in service until the early 2040s. VADM Barrett said the future frigate announcement was a game-changer for Navy, the ADF and defence industry. "Beyond the frigate design, this decision demonstrates that Navy is an intrinsic national capability that connects the private and

Navy News



HMAS Melbourne passes astern of HMAS Adelaide as both ships sail in formation in the Pacific Ocean. Photo: ADF Command & Control

INTERNATIONAL engagement at Exercise Rim of the Pacific (RimPac) started early for HMAS Melbourne as she welcomed aboard 20 soldiers from the US Army in Hawaii. The American troops, of the 5th Battlefield Coordination Detachment (BCD), stepped aboard for a tour on June 29 while the ship was alongside at Joint Base Pearl Harbor-Hickam to learn about her capabilities and history. The 5th BCD guests were surprised to learn of Melbourne's 26 years of operational service and her links to the US Navy as a variant of its Oliver Hazard Perry-class frigate. The highlight of their tour was watching Melbourne's SM2 vertical launch system load a guided missile training round in less than a second. CO 5th BCD Col Kareem Montague said his unit's role integrating multinational services during RimPac gave them a unique opportunity to step aboard a RAN vessel and meet the crew. "We already have a very close working relationship with the Australian Army but this is an opportunity to see not only a sister service, but a foreign service's naval vessel," Col Montague said. "It was interesting to see the pride they take in their ship, the time they spend working on it and how they've got such a long

life out of it compared to the US." More than 1600 ADF personnel have arrived in the US ahead of a month of focused military training activities with 26 nations from across the globe. Along with Melbourne, HMA Ships Adelaide, Success, Toowoomba and Rankin have been deployed by the ADF, as well as diving personnel, an amphibious landing force from the 2nd Battalion Royal Australian Regiment, and one P-8A Poseidon aircraft. Now in its 26th iteration, about 47 surface ships, five submarines, 18 national land forces, more than 200 aircraft and more than 25,000 personnel will participate in the world's largest maritime exercise in and around the Hawaiian Islands and Southern California until August 2. CJOPS AIRMSHL Mel Hupfeld said that, along with Talisman Sabre, RimPac was the pinnacle of high-end military exercises in the region. "From amphibious warfighting exercises with our flagship Adelaide to the first-ever Harpoon missile fired from an Australian P-8A Poseidon aircraft, RimPac is a real test of Australia's maritime military capability," AIRMSHL Hupfeld said. "It provides complex and challenging training in a multinational environment, perfect for strengthening interoperability with our regional partners and allies." Other activities will include gunnery, missile, anti-submarine, and air-defence exercises, as well as maritime interdiction and vessel boarding, explosive ordnance disposal, diving and salvage operations, mine clearance operations and an amphibious landing

HAVE you been invited to participate in the 2018 YourSay: Organisational Climate Survey (YourSay)? The YourSay survey is held once a year to measure attitudes and experiences relating to topics such as Defence and ADF culture, leadership and management, career progression, resources, work-life balance and working conditions.

Head of People Capability RADM Brett Wolski said Defence's leadership needed maximum input from ADF and APS personnel.

"YourSay enables you to tell us the extent to which your expectations are being met, and what could be done to improve the satisfaction, commitment, and performance of all Defence people," he said.

For information about the survey contact the YourSay team via email, your.say@defence.gov.au.



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Live fire from aircraft, a submarine and land assets participating in the Rim of the Pacific (RIMPAC) exercise sank the ex-USS Racine (LST-1191) July 12 in waters 15,000 feet deep and 55 nautical miles north of Kauai, Hawaii.

CAPTION: *A Japan Ground Self-Defense Force team fire a surface-to-ship missile from Pacific Missile Range Facility Barking Sands, at ex-USS Racine positioned at sea, during Exercise RIMPAC. US Army photo by Captain Rachael Jeffcoat.*

Units from Australia, Japan and the US participated in the sinking exercise (SINKEX), which provided them the opportunity to gain proficiency in tactics, targeting and live firing against a surface target at sea.

The SINKEX featured live firing of surface-to-ship missiles by the Japan Ground Self-Defense Force and a Naval Strike Missile (NSM) from a launcher on the back of a palletised load system (PLS) by the US Army.

This year was also the first time a Royal Australian Air Force P-8A Poseidon aircraft participated in a SINKEX during RIMPAC – [expected to fire Harpoon missiles and torpedoes.](#)

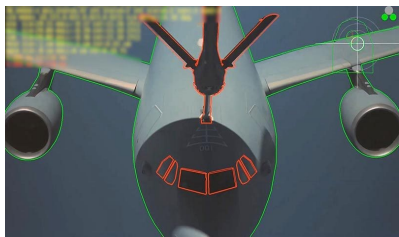
The Royal Australian Navy's Fleet Base East is about to get a significant upgrade with two deteriorated wharves removed and a single, modern wharf constructed in their place.

FILE PHOTO (April 2016): *An array of Royal Australian Navy ships sit alongside at Garden Island, Sydney. Photo by Leading Seaman Tom Gibson.*



The total project value is \$213 million with construction due to commence in September, for completion in February 2022. That's the actual news, from a Defence perspective – though the official press release seemed smitten by a different angle...

Airbus Defence and Space has successfully demonstrated an automatic air-to-air refuelling (A3R) between two multi-role tanker transports. In a joint operation with the Royal Australian Air Force – which is collaborating with Airbus in development of this pioneering technology – an Airbus company-development A310 tanker performed seven automatic contacts with a RAAF KC-30A Multi Role Tanker Transport, also made by Airbus. The system requires no additional equipment on the receiver and is intended to reduce refuelling boom operator workloads, improve safety, and optimise the rate of air-to-air refuelling (AAR) in operational conditions to maximise aerial superiority.



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Don't let a problem get you down.

PTSD Group Programs

DVA provides group treatment programs for PTSD in hospitals across Australia. These programs treat current as well as former serving members of the Australian Defence Force and veterans. To find out more you can contact the hospitals directly and speak to the PTSD program coordinators. A list of the programs and relevant contact details are available at:

<http://at-ease.dva.gov.au/professionals/files/2016/02/Trauma-Recovery-Programs-Feb-2016.pdf>.

USEFUL NUMBERS

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Or Phone 1300 552 662

As we age, we find we would like a bit of assistance with battery replacement or check out smoke alarms, electrical safety, First Aid or home help, including home safety check list, Ring "Safe Home" on 1300 369 003

Useful web Links.

Veteran Affairs

www.dva.gov.au

Household Assistance

<http://www.dva.gov.au/health-and-wellbeing/home-and-care/household-assistance>

Government Portal

www.my.gov.au

Vietnam Veterans

www.vvaa.org.au

Defence Force

www.defence.gov.au

Comsuper,DFRDB.

<https://csc.gov.au/>

Email: members@dfrdb.gov.au

Email: pensions@dfrdb.gov.au

Bravery Trust

<https://braverytrust.org.au>

Defence Care

<http://www.defencecare.org.au>

RSL

<https://www.rslqld.org/>

<https://www.rslqld.org/Help-us-Help-Them/Services-Overview>

<https://www.rslqld.org/ADF-Community/ADF-Community>

Mental health support

<https://www.rslqld.org/ADF-Community/Mental-Health-Support>

Emergency financial assistance

<https://www.rslqld.org/ADF-Community/Mental-Health-Support>

Bereavement assistance for Defence families who have lost loved ones

<https://www.rslqld.org/ADF-Community/Mental-Health-Support>

Help with compensation claims through the Department of Veterans' Affairs

<https://www.rslqld.org/ADF-Community/Mental-Health-Support>

Referrals to peer support groups and other specialist services

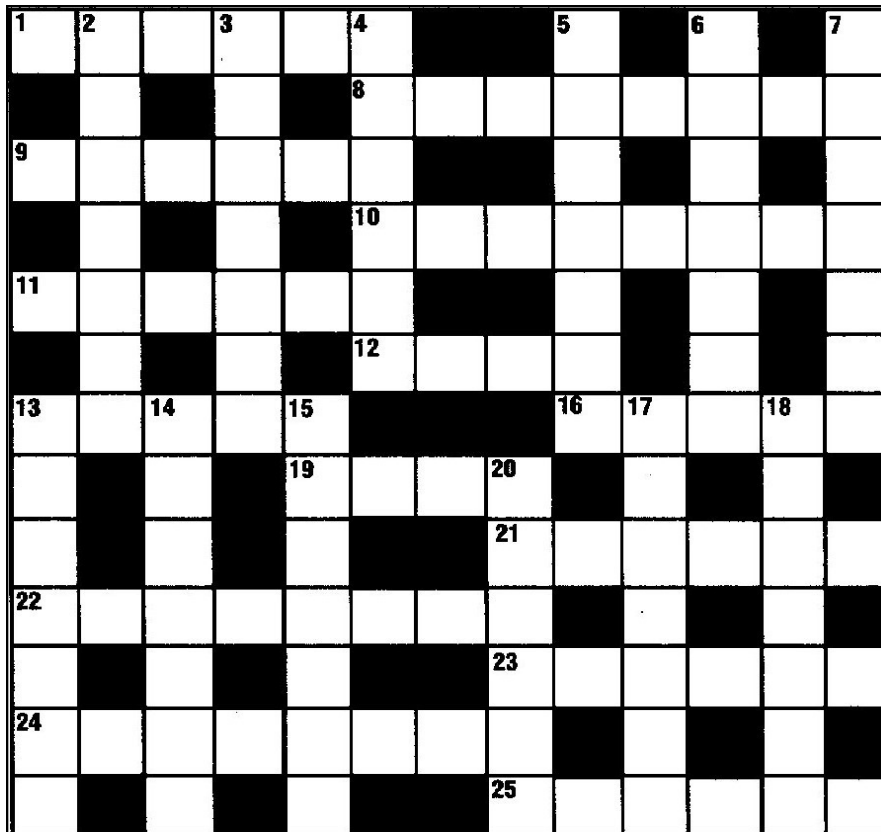
Visiting the sick, injured and lonely in hospital and/or at their homes

<https://www.rslqld.org/ADF-Community/Mental-Health-Support>

Short term crisis accommodation

<https://www.rslqld.org/ADF-Community/Mental-Health-Support>

Subsidised longer term housing solutions



ACROSS

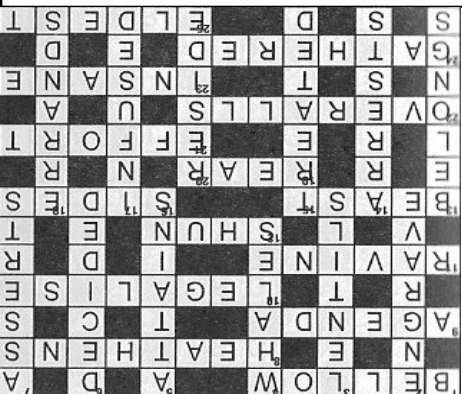
- 1. Roar
- 8. Pagans
- 9. Items for discussion
- 10. Make lawful
- 11. Gorge
- 12. Evade
- 13. Animal
- 16. Teams
- 19. Back
- 21. Exertion

DOWN

- 22. Work clothes
- 23. Mad
- 24. Gleaned
- 25. Most senior
- 2. Etch
- 3. Legumes
- 4. Large sea creatures
- 5. Achieves

- 6. Settled
- 7. Proclaims
- 13. Attached to
- 14. Nabs
- 15. Tended
- 17. Instilled
- 18. Chores
- 20. Live

Two female teachers took a group of students from grades 1,2,3 for a field trip to the Flemington race course. When it was time to take the children to the toilet, it was decided that the girls would go with one teacher and the boys would go with the other. The teacher assigned to the boys was waiting outside the mens toilet when one of the boys came out and told her that none of them could reach the urinal. Having no choice, she went inside , helped the little boys with their pants, and began hoisting them up one by one, holdin on to their we-wees' to direct the flow away from their clothes and shake them dry. As she lifted one boy up, she couldn't help notice that he was unisally well endowed. Trying not to show that she had seen it, she said "you must be in grade 3?" "No ma'am " he replied " I'm riding Black Caviar in the next race, but I appreciate your help!!!!"



Word puzzle solution : RAIN

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