Airlie Beach Whitsunday RSL Sub Branch



PARADISE POST







What's on:

Next Members Meeting:

Wed 6th March

AGM @ 7pm. Reef Gateway Hotel.

Cold drinks and tucker

1st and Last Friday of the month

Meat tray raffles. @RGH. from 4pm

We <u>urgently</u> need members to assist with the badge and raffle sales. Please contact Bill on 49464486

Your Sub Branch

NEEDS YOUR HELP

2019 Subs are due and must be paid prior to the end of February. Please call membership officer John on 0438364 114 or Bill on 49464486.

How do you want your Paradise
Post delivered. Please let us know
as we have gone more digital and
some people do not have email.
Please email
Rod.Davies@airliebeach.rslqld.net.
au
For you preference.

Airlie Beach Whitsunday RSL Executive Committee for 2018 -2019

President & Post editor. Rod Davies 0499730316 president@airlibeach.rslqld.net.au

Vice President Terry Brown 0408763090 alibarber40@bigpond.com

Deputy President Billy Rose 49464486

Secretary Diane Trueman 0408353450 Secretary@airliebeach.rslqld.net.au
Treasurer John Schweitzer 0438264114 treasuer@airliebeach.rslqld.net.au

Management Committee for 2018 - 2019

Joan Rose 49464486 0404416943 Badges

Robert Voigt 0448848490 rpvoigt@gmail.com

Sara Voigt

Shane Mathews 0427461849 <u>jackomatho@live.com</u> Tracey Victor 31283275 0448943604 (Mackay)

Peter McKellin 0448800091

Honorary and responsible appointments for 2018 - 2019

Welfare Officer: Tracey Victor 31283275 0448943604

Asset Trustee: John Schweitzer

State and District Meetings: Billy Rose. Joan Rose.

Auditors; Leader Group Legal; Whitsunday Law. Padre; Stewart Grice

Patrons for 2018 - 2019

John Oneill 0418776606

RGH 49462600

LIFE, AS BILL SEES IT.

ME OL' MATE, RON, WAS TELLING ME ABOUT THE MARRIED BLISG
HE HAD WITH ONE OF HIS EARLIER WIVES. HE SAID "WHEN MY THIRD WIFE
TOLD ME SHE HAD BOUGHT A LOTTERY TICKET IN THE UPCOMING \$200
MILLION DRAW. I WAS SUPRISED AND ASKED WHAT SHE WOULD DO WITH THAT MUCH
MONEY'?" SHE SAID "ONE THING IS, I'LL NEVER HAVE TO WORK AGAIN." RON
SARCASTICALLY SAID "YEAH, WELL LET ME KNOW WHEN YOU WIN." "YES, SHE
SAID, "I'LL MENTION IT IN MY GOOD BYE NOTE?"

OUR MAD MULLUMBIMBY MATE TELLSME THAT STATISTICS SHOW THAT TEEN PREGNANCY DROPS OFF SIGNIFICANTLY AFTER AGE 25 WOW"

ON BEING PROMOTED TO THE DIZZY HEIGHTS OF CHIEF PETTY OFFICE I WAS POSTED TO A BRICK BATTLE SHIP" (A SHORE BASE, TO THOSE WHO WERE NOT MADE OF THE STUFF TO GET INTO THE NAVY, AND HAD TO SETTLE FOR A LESSER LIFE.) ONE DAY A NEW RECRUIT WAS POSTED TO US. I WAS INFORMED HE WAS A SMART A-E AND BE READY FOR HIM. ON POST IN HE FOLD ME HE "HAD A PROBLEM AND MAY NOT BE ABLE TO WORK FOR ME." I QUIZED HIM RETHIS "PROBLEM" HE ANSWERED THAT "HE HAD A BAD CASE OF MAGEIROCOPHOBIA" I WASN'T GOING TO SHOW THAT I DID NOT KNOW WHAT THIS WAS SO I SENT HIM ON HIS WAY TO COMPLETE THE POST IN, AND REPORT BACK LATER. A QUICK SCRAMBLE OF A DICTIONARY TOLD ME WHAT I NEEDED TO KNOW. ON HIS RETURN I TOOK THIS LAD TO THE SCULLERY WHICH WAS CVERFLOWING WITH DIRTY BAKED ON REMAINS FROM COCKING, I TOLD HIM "THIS WOULD BE HIS" PART OF SHIP" DURING HIS LIFE IN THE BUTEIT AS HE SUFFERS FROM MAGEIROCOPHOBIA, HE HAS A FEAR OF COOKING NOW HE WION'T HAVE TO COOK JUST BE A DIXIE BASHER DAY IN- DAY OUT." HE GOT WELL, FUNNY THAT.

JUST A THOUGHT: JOAN SAYS I IVEVER LISTEN TO HER,
AT LEAST I THINK THAT'S WHAT SHE SAID.

HAVE FUN FOLK AND ENJOY 2019 YOURS AYE BILL

2019 AGM will be held on the 06 March at the RGH 7pm.

All committee positions are vacant and up for election.

Membership fees are due, please pay no later than 28th February, call John Schweitzer on 0438 624 114 or Bill 49464486 (after lunch) to renew.

Volunteers are needed for ANZAC Day from raffles to 2 up. So please let Bill know ASAP if you can help.

THE ODE

They shall grow not old, As we that are left grow old,



Age shall not weary them
Or the years condemn
At the going down of the sun,
And in the morning
WE WILL REMEMBER THEM.

Army News



Special operations military working dogs were honoured for their operational service.

SPECIAL Air Service Regiment (SASR) special operations military working dogs (SOMWD) past and present were honoured for their operational service during a recent medal ceremony at Campbell Barracks. Twenty-one dogs, veterans of deployments to Afghanistan and Fiji, received the ADF Canine Operational Service Medal for deployment of 30 days or more.

OIC SASR SOMWD Cell Sgt D said Australia was the first nation to introduce a medal to recognise the operational service of its ca-

nines. "We're particularly proud to hand out these medals because we were part of the push for the medals to be created and, particularly, the design featuring SOMWD Quake, an SASR dog killed in action in Afghanistan in 2011," Sgt D said.

Of the 21 special operations dogs operationally deployed since 2006, 16 are deceased and five have retired to live with former handlers.

Four were killed in action and three wounded in action; many served multiple tours.

Handlers past and present attended the ceremony to receive medals on behalf of SOMWDs now deceased, while retired SOMWDs attended with their owners.

SASR deployed its first SOMWD team in 2006 along with the support of Air Force dog liaison officers, who have been an integral part of the unit's capability.

The ceremony also paid tribute to SOMWDs Devil, Quake, Fax and Kuga, who died as a result of operational service in Afghanistan.

The most decorated ADF MWD Kuga, posthumously awarded the PDSA Dickin Medal in October 2018, the Canine Operational Service Medal, the ADF Trackers and War Dogs Association's War Dog Operational Medal and Canine Service medal.

Kuga's medals are on loan to the Australian War Memorial.



TWENTY-FOUR former cadets were among the December graduating class of RMC-D. The cadets, representing almost one-sixth of the 151 graduates, are now among the Army's newest commissioned officers.

The 24 new officers were presented with vouchers to purchase Sam Browne belts on behalf of Comd Australian Army Cadets (AAC) Brig Michael Ashleigh. Lt-Col Sean Fleming, of HQ AAC, reinforced the strategic importance of the cadets program which enabled Army to maintain a presence in remote areas.

"The Commander and all members of the AAC are proud of the efforts by the for-

mer cadets who have graduated," Lt-Col Fleming said.

"This level of recruitment is a significant part of the return on investment in the program. "The Sam Browne belt is an iconic item of uniform for officers worldwide and it is hoped it will remind each of the recipients of the role their cadet service played in their pathway to becoming Army officers."







Our agile Spartans prove their worth in a disaster zone as flooded farmers welcome delivery of vital supplies.

NO. 35 Squadron C-27J aircraft and personnel from RAAF Base Amberley responded swiftly to deliver personnel and urgent fuel stocks to Mt Isa and western Queensland in support of flood relief efforts.

The first two flights to western Queensland on February 9 were the first ones of the year for the squadron.

It marked the start of flying operations two days earlier than had been scheduled from their new base at Amberley.

Loadmaster SGT Jay Goggin said two C-27J Spartans and crew worked with Army personnel from 9th Force Support Battalion to load collapsible bladders containing 1895 litres of much-needed fuel.

"The fuel bladders were delivered to the isolated areas of Rich-

mond and Julia Creek for local civilian helicopters dropping fodder and hay to farmers and livestock devastated by the extreme weather conditions," SGT Goggin said.

XO 35SQN SQNLDR Mark Seery said the deployed team consisted of pilots, loadmasters, technicians and engineers who flew the supplies more than 1500km to western Queensland.

"The C-27J Spartan is an agile aircraft that can land in austere airfields and along dirt strips enabling the quick insertion of supplies to areas that need it most, and would have otherwise been inaccessible for larger aircraft or via road transport," SQNLDR Seery said.

35SQN will continue to provide assistance in support of the north Queensland flood relief efforts over the coming weeks.

CO 35SQN WGCDR Ben Poxon said the ongoing flood relief response was a "hub and spoke" operation that highlighted the strength and flexibility of the air mobility fleet.

The squadron was working closely with C-17A Globemaster aircraft to move more supplies to those affected by the floods

"The C-17A flew multiple fuel bladders into larger, more established airfields (hub) like Mt Isa airport, from where the C-27J transported to smaller, remote airfields (spoke) where Army personnel are waiting to unload," WGCDR

Directorate of Personnel-Air Force (DP-AF) will be at the Australian International Airshow 2019 to promote the Air Force Total Workforce System (TWS) to former Air Force members.

Director of Personnel-Air Force GPCAPT Greg Frisina said the Total Workforce System provided flexible options for those ex-personnel who may be considering a return to service, either in a part-time, semi-permanent or permanent role.

"Many ex-members are not aware of the new total workforce system, and the opportunities Air Force can now offer which were not available in the past," GPCAPT Frisina said.

The DP-AF representatives will be located within the Defence Force Recruiting (DFR) site during the public open days of the airshow from March 1-3 to answer any queries.

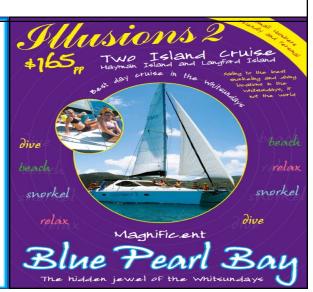
The DFR tent will be next to Air Force's military working dog display at the airshow and ex-members are urged to speak to the DP-AF team.



- All Mechanical Repairs
- Manufacturers Handbook Service
- Brake & Clutch Services
- 4WD Suspension, Service & Repairs
- Batteries & Cooling Systems
- Latest Diagnostic Equipment
- 24 Hour Call-outs

Ph: 4946 1000 • Brett 0467 56 2541

Unit 1, Lot 16 Carlo Drive, Delta Park Industrial Estate, Cannonvale Qld 4802



Army News



4 Regt, RAA, soldiers assist Townsville residents in sandbagging their homes in preparation of rising floodwaters.

FOR days a monsoonal trough began soaking northern Queensland, but by January 31 the situation in Townsville and the broader region became dire. The deluge was predicted to continue at record levels and the Ross River Dam was already full.

That's when the 3 Bde clicked into high gear to help support its local community.

Led by the Townsville Local Disaster Management Group (LDMG), Townsville's emergency services, including the Army (with further support from Air Force later on), began planning for what was about to happen.

The men and women of 3 Bde started filling sandbags in earnest, loading them onto trucks ready to take them where they were directed.

On the morning of February 1, the official request from the LDMG came.

Within 30 minutes 'recce' parties were out the door, surveying the areas where water was rapidly rising. Work parties accompanied by trucks of sandbags were dispatched and platoons of personnel sandbagged threatened homes. As the waters continued to rise and modelling of the impact and potential flooding threat became clear it was evident that sandbagging operations alone would not be enough.

On the morning of February 2, the brigade supported evacuation efforts through doorknocking and providing information.

That evening Air Force flew in more sandbags.

They were filled, stacked and distributed to the community. Defence continued to aid police and other civil authorities in their evacuation efforts.

On February 3 an official request for significant support was received by the government and JTF658 was formed. With its unique capabilities right on the doorstep, Townsville City Council and the emergency services called on the JTF to assist with evacuations of those caught by the rapidly-rising floodwaters.

Utilising a range of vehicles, such as the long-tested Bushmaster PMV and ASLAV and new-to-service Land 121 vehicles, the JTF assisted civil authorities by ensuring the safety of the Townsville community.

But the rain kept coming. The dam was now overflowing, so its gates were opened to prevent a disaster.

Being in the right place at the right time became imperative.

From noon February 3 to 5am February 4, the JTF evacuated more than 600 residents stranded in their homes. The push commenced with trucks and PMVs followed by ASLAVs. When the floodwaters became too high and the current too dangerous, small boats were used.

In absolute darkness and driving rain, the task force ferried members of the community to the safe and dry temporary safe area of the Lavarack Barracks gym, which had been converted into a short-term evacuation centre.

The next morning, a new team of boats were out on the water retrieving those who had made it through the night, but were now in sodden homes, with no electricity and no way of getting to safety.

The speed at which the task force was able to react shows the readiness at which all its elements are able to maintain, albeit in a reset year. The courage of the members and their initiative to act was clear at every turn.

Most of all, the teamwork displayed among the JTF and importantly with our emergency services colleagues was exceptional.

As the waters began to recede, a harsh reality came to light.

The very troops who were instrumental in saving the lives of so many in Townsville were facing the daunting realisation that along the way they too had lost their homes.

Not ones to shirk in the face of a challenge the JTF stepped up and began planning for the recovery effort.

The initial focus would be on immediate assistance to the civil authorities to gaining access to critical infrastructure.

These efforts were rapidly followed by a systematic approach to getting schools, childcare centres and community facilities cleaned out and back up and running. During the final phase of the recovery effort the JTF assisted the council with kerb-side rubbish removal.

With two out of three homes in Townsville affected, this task was bigger than one could imagine.

Further, an internal taskforce to support Defence personnel and their families affected by the floods, led by Air Commodore Sue McGready, was immediately stood up.

This taskforce coordinated the flood relief for ADF and APS members, including establishing community hubs to provide essential enabling services and support for housing, temporary accommodation, travel and childcare.



AVAILABLE

The Sub Branch has shirts and caps available for RSL members and the general public.

The shirts will come in various sizes from small to XXL,

The caps are one size fits all.

The shirts are lightweight and very breathable, We decided on fabric that suits our environment here in the tropics to be comfortable and functional

130 gsm

- 100% polyester with sweat-wicking properties
- The cool-dry fabric wicks the sweat away from the skin to the surface which helps enhance evaporation keeps you cool, dry and comfortable

Shirts \$35.00 - Caps \$20.00

To place an order please email Rod.Davies@airliebeach.rslqld.net.au

SIZE	S	M	L	XL	XXL	3XL	4XL	5XL
HALF CHEST	53	56	58	60	62	65	68	71

If we do not have your size available we can have them made up in a short amount of time.

Our articles are sourced from the following sites. For more information on our stories and much more please visit https://www.rslqid.org/RSL-Members/RSL-News http://www.defence.gov.au/publications/newspapers/ http://www.contactairlandandsea.com/

http://www.defence.gov.au/publications/newspapers/

We would also like to thank our advertisers who without them this publication would not be possible in this format. We hope that you think of using our advertisers next time you need one of their services. Thank you.



Kazza's BARBER Shops

Open Monday to Friday 9am until 5pm Saturday 9am until 2pm To make an appointment Please phone 49465004





AIRMSHL Leo Davies, in his final six months as CAF, is expecting a busy year. Photo: CPL Casey Forster

THIS year looks to be another busy one as we continue our transformation to becoming a fifth generation Air Force.

The Australian International Air show (AIA19) will be held at Avalon airport from February 26 to March 3 with the theme "Target acquired: Air Power for Australia's Future".

This year's air show will bring together the full fleet of in-service aircraft from Air Force, Army and Navy.

Plan Jericho continues undertaking experiments, prototypes and demonstrations during 2019. This work has resulted in "The Edge – Exploring and Exploiting our 5th Generation Edges", to be launched at AlA19. Our Air Force 2021 Team has commenced planning our centenary cele-

brations. The year 2021 will be a time for us to honour those who have served before, to demonstrate the highly capable force we are today and to look ahead to what our second century will bring. The centenary, with the motto "Then, Now, Always", will reflect the enduring nature of our support to the nation.

Our fleet of F-35A aircraft will grow throughout 2019 and with it our knowledge of how to support and employ a fifth-generation aircraft.

This is my last six months as CAF and I want to thank all of you for your approach to delivering our Air Force Strategy priorities with such success.

Our fleet of F-35A aircraft will grow throughout 2019 and with it our knowledge of how to support and employ a fifth-generation aircraft.

- CAF AIRMSHL Leo Davies



Task Element 630.1.6 gather to acknowledge 37,000 flying hours achieved by 37SQN's C-130J Hercules in the Middle East. Photos: CPL Carla Armenti

NO. 37 Squadron clocked more than 37,000 flying hours in support of Australian operations in the Middle East and North Africa region (MENA) last month. The squadron reached the milestone during a busy period that included visits from CDF GEN Angus Campbell and ministers. CDR Air Mobility Task Element in the Middle East SQNLDR

Jerome Appleby said morale within the squadron was high. "This is a big deal to the Task Element and to 37SQN," SQNLDR Appleby said. "The operations we fly here are significant to so many people, not iust to the aircrews that fly the planes or the maintenance teams that fix them, but also to the families and loved ones back home. "The C-130s and 37SQN never stop; 37,000 hours and counting." The 37,000 operational flying hours were achieved over 15 years in the Middle East and equate to almost 1541 days of continuous flying or, more than four years. During that period the squadron has flow 6461 operational missions and 18,945 sorties, delivered more than 51 million kilograms of cargo and transported more than 260,000 Australian troops around the MENA. SQNLDR Appleby said the C-130s were a "stalwart" of operations in the MENA. "While the nature of Australian operations has changed dramatically in that time, the C-130s have always been there to provide the operational service when and where it is needed," he said. LONG HISTORY OF OPERATIONS NO. 37 Squadron has a long history of excellence in support of Australian operations. The squadron formed in 1943 during WWII and began regular courier runs in Australia and Papua New Guinea. After the Japanese surrendered, it flew home Australian troops and equipment from island bases throughout the pacific. In 1966, the squadron began flying long-range transport missions in support of Australian troops in Vietnam and in 1974 the squadron helped evacuate and resupply the residents of Darwin ravaged by Cyclone Tracy. Today, the squadron operates the C-130J Hercules and transports troops and cargo all over the Middle East and North Africa region.

Navy News



CN VADM Mike Noonan speaking at the ratification of the strategic partnering agree-

THE Australian Government has ratified a strategic partnering agreement with the French shipbuilding company Naval Group to have 12 regionally superior submarines designed and built in Australia as part of the Future Submarine Program.

CN VADM Mike Noonan said the agreement on February 11 was an important milestone.

"The \$50 billion Attack-class program will deliver submarines that will meet our Navy's capability requirements, will be at the forefront of Australia's defence strategy and will help protect Australia's security and prosperity for decades to come," VADM Noonan said.

"With their inherent stealth, long-range endurance, and formidable striking power, the Attack-class are a key part of our Navy's future."

The Strategic Partnering Agreement was signed at Russell Offices in Canberra by Prime Minister Scott Morrison, Defence Minister Christopher Pyne, and the Minister for the Armed Forces of France, Madame Florence Parly. Some work on the future submarines has already taken place under a design and mobilisation contract. The full range of other activities required to deliver this major program, including the development of the submarine construction yard in Osborne, South Australia, are continuing. The first Attack-class submarine, to be named HMAS Attack, is due to be delivered in the early 2030s. The submarines are a major pillar of the Australian Government's \$90 billion National Shipbuilding Plan, which will see 54 naval vessels built in Australia, to meet the strategic requirements set out in the 2016 Defence White Paper.



CDF GEN Angus Campbell addresses guests during the commissioning ceremony for HMPNGS Ted Diro. Photo: AB-CIS Peta Binns

(PNGDF) celebrated the commissioning of the first Guardian -class patrol boat on February 1.

The ceremony in Port Moresby was attended by CDF GEN Angus Campbell and the ship's company of HMAS Wollon-

HMPNGS Ted Diro, named after the first commander of the PNGDF post-independence, is the first of 21 Guardian-class patrol boats to be gifted to 12 Pacific Island countries and Timor-Leste under the Pacific Maritime Security Program.

More than \$5 million of works have begun at the Lombrum Naval Base in Manus Province to improve the wharf and shore-based infrastructure that will support PNG's four patrol boats.

GEN Campbell said the commissioning of Ted Diro was an important milestone in the long and valued relationship with PNG.

"The Royal Australian Navy and PNGDF Maritime Element have a strong and enduring history of maritime security cooperation, which will continue to deepen through the Lombrum Joint Initiative," GEN Campbell said. "The Lombrum Joint Initiative will enhance PNG's ability to protect its sovereign territory and manage its borders through a broad program of mentoring, tailored training, infrastructure development, and shared facilities at the PNGDF base."





Jubilee Central



Serving the local community 7 Days a week 6am-9pm

Navy News



ABML-SC Mahalia Ellis leads a group of visitors around the forecastle of HMAS Toowoomba during the HMAS Stirling Families Day.

Photo: LSIS Richard Cordell

FAMILIES were the focus when sailors hosted the annual HMAS Stirling families day on January 25.

The ever-popular occasion provided an opportunity for serving members and their APS colleagues to bring their loved ones to Garden Island, acknowledging the valuable

contribution they make to the Navy family.

Other members of Navy's broader community in Western Australia were also invited, including Navy cadet units, Defence family transition mentors and the Defence Community Organisation.

A host of interactive activities and displays showcased the various services and units on the island.

Outgoing CO CAPT Brian Delamont said it had always been a pleasure to engage with local families on families day.

"Stirling's role is to support the Fleet, and families are a key part of that," CAPT Delamont said.

"It is normally difficult for family members to visit their loved ones at work and for 'new joiners' to understand all that goes on here, so having an open day at the end of the school holidays has proved very popular.

"It has evolved over the years to include lunch and pool activities and it is a great start to the year."

Judging by the turnout and the number of inquisitive questions by the younger visitors, the day was a great success.

Mistral II on hoard HMAS Choules

Mistral II on board HMAS Choules, alongside Hobart.

Photo: POIS Justin Brown

HMAS Choules delivered veteran Sydneyto-Hobart Yacht Race vessel Mistral II (1922) to Hobart ahead of the regatta.

CO Choules CMDR Scott Houlihan said it was pleasing to transport the classic schooner to her new home.

"Mistral II is being restored by the notfor-profit organisation Windward Bound Trust as an employment skills training project and, on completion, will be used as a sail training vessel," CMDR Houlihan said.

"Choules was pleased to transport the 97-year-old schooner from White Bay in Sydney-to-Hobart for the Trust."

Moving a 64-foot long, 26-tonne yacht is a complex activity.

Coordinating the activity for Choules was MAJ David English, OIC

of the ship's Army establishment.

He said it was no mean feat.

"A number of stakeholders were involved in the load and transport of Mistral II from Sydney to Hobart. Everyone had different technical requirements and priorities," MAJ English said.

"To get the job done we had to manage complex ship movements, very heavy crane operations and remain in constant dialogue and be flexible with planning.

"At the end of the day it all came together and produced a great outcome for everyone involved." Mistral II has strong ties to the Tasmanian community having sailed in the first five Sydney-Hobarts. She was displayed at the Australian Wooden Boat Festival from February 8-11, before going into refurbishment.



p: (07) 4948 7000 f: (07) 4946 6810

PO Box 295, Cannonvale, QLD 4802 2-4 Island Drive, Cannonvale, QLD 4802 info@whitsundaylaw.com.au www.whitsundaylaw.com.au

ABN 31 609 870 877

WELFARE

Our area contact for Welfare, DVA, etc, By state and District representatives'

Tracy Victor (Mackay) 31283275

Frank Radford (Townsville) 4759 9517

Don't let a problem get you down.

PTSD Group Programs

DVA provides group treatment programs for PTSD in hospitals across Australia. These programs treat current as well as former serving members of the Australian Defence Force and veterans. To find out more you can contact the hospitals directly and speak to the PTSD program coordinators. A list of the programs and relevant contact details are available at:

http://at-ease.dva.gov.au/professionals/files/2016/02/

Trauma-Recovery-Programs-Feb-2016.pdf.

USEFUL NUMBERS

Emergency 000

Police Whitsundays 49488888 DVA 133 254

country areas (Freecall) 1800 555 254 VVCS 1800 011 046. Beyond blue 1300 22 4636

COMSUPER/DFRDB

MEMBERS

Phone 1300 001 677 Fax (02) 6272 9616

Post: DFRDB. GPO Box 2252

Canberra ACT 2601

Overseas callers +61 2 6272 9624

Operating hours: 9am to 5pm (EST),

Monday to Friday (except for ACT public holidays)

PENSIONERS

Phone: 1300 001 877 FAX: (02) 6272 9616

Post: DFRDB, GPO Box 2252

Canberra ACT 2601

Overseas callers: +61 2 6272 9626.

list,

If you desire to change your house, contents, car, etc insurance.
Defence services home insurance is
GPO Box498
Brisbane, 4001
Or Phone
1300 552 662

Call "Safe Home" on 1300 369 003 If you would like a bit of assistance with battery replacement or check out smoke alarms, electrical safety, First Aid or home help, including home safety check Useful web Links.

Veteran Affairs www.dva.Gov.au Household Assistance

http://www.dva.gov.au/health-and-wellbeing/home-and-care/household-assistance

Government Portal

www.my.gov.au

Vietnam Veterans

www.vvaa.org.au

Defence Force

www.defence.gov.au

Comsuper, DFRDB.

https://csc.gov.au/

Email: members@dfrdb.gov.au
Email: pensions@dfrdb.gov.au

Bravery Trust

https://braverytrust.org.au

Defence Care

http://www.defencecare.org.au

<u>RSL</u>

https://www.rslqld.org/

https://www.rslqld.org/Help-us-Help-Them/Services-Overview

https://www.rslqld.org/ADF-Community/ADF-Community

Mental health support

https://www.rslqld.org/ADF-Community/Mental-Health-Support Emergency financial assistance https://www.rslqld.org/ADF-Community/Mental-Health-Support

Bereavement assistance for Defence families who have lost loved ones

https://www.rslqld.org/ADF-Community/Mental-Health-Support

Help with compensation claims through the Department of Veterans' Affairs

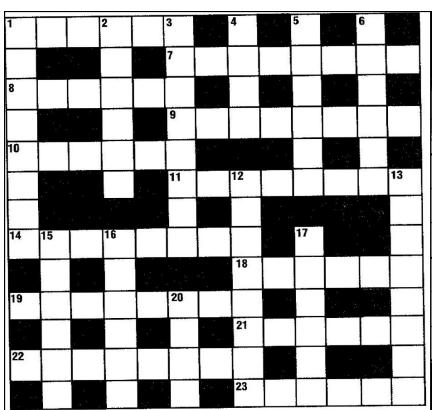
https://www.rslqld.org/ADF-Community/Mental-Health-Support

Referrals to peer support groups and other specialist services

Visiting the sick, injured and lonely in hospital and/or at their homes

https://www.rslqld.org/ADF-Community/Mental-Health-Support

Short term crisis accommodation https://www.rslqld.org/ADF-Community/Mental-Health-Support
Subsidised longer term housing solutions



ACROSS

- Frantic
- A substance mixed with paint.
- Hot vegetable.
- Cupboards.
- 10. Run fast.
- 11. Place in a holy place.
- 14. Liberated.

My old aunts used to come up to me at

weddings, poking

me in the ribs and

cackling, "You're

After a while, I

stop them.

funerals!

figured out how to

I started doing the

same thing to them at

next!"

18. Brings on oneself.

- 19. Impetus.
- 21. Mystery.
- 22. Keep under control.
- 23. Three times.

DOWN

- Peddler. 1.
- Spoke.
- Young hens.

- 5. Thinner.
- Mixed
- 12. Dregs.
- 13. Visor.
- 16. Applies force.

4. Dull.

- 15. Runs away to get married.
- 17. Writer.
- 20. Hard wood.

The owner of a golf course on the Gold Coast was confused about paying an invoice, so he decided to ask his secretary for some mathematical help.



He called her into his office and said, "You graduated from University and I need some help. If I was to give you \$20,000, minus 14%, how much would you take off?"

The secretary thought a moment, and then replied, "Everything but my earrings.

REBLE 8 NIAAT A M B I W # Я MOMENALUM Я TNCUR ELLEASED K S T B N I B A J ARDEN

W	8	G	2	3	Þ	6	1	L	9
ord p	9	7	3	G	L	7	2	8	6
Word puzzle solution.	7	6	l	9	8	2	7	3	g
le so	6	8	Þ	L	7	3	g	9	1
oluti	L	7	7	Þ	9	9	8	6	3
on. :	3	9	g	1	6	8	L	2	Þ
PENT	9	l	8	6	7	9	7	3	2
TN	Þ	3	6	2	9	L	9	1	8
	2	7	9	8	3	Þ	6	g	l

<u>SU DO KU</u>								
		9	4			6		2
			1				3	4
2	3			7				
	2					5		3
7		5					8	
				8			9	7
9	8				5			
6		7			3	2		
.	. •	771	-	1 1	. 0			

Instructions: The numbers 1 to 9 must appear in each row, column and 3x3 box. Numbers cannot be duplicated

Word Puzzle

Find a four letter word that will fit in all these words to complete another one.

S	
SER	
	HOUSE
	ACLE
RE	
	AGON
MIS	
CAR	FR



COMPANY C GETS A NEW ACTIVITIES DIRECTOR!